



Sun Smart Policy

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## Introduction

Our SunSmart policy has been developed to ensure that all students and staff attending this school are protected from skin damage caused by the harmful ultraviolet rays of the sun. It is to be implemented throughout the year.

## Guidelines

As part of general SunSmart strategies our school will:

- Require children to wear broad-brimmed or legionnaire hats whenever they are outside (e.g. recess, lunch, sport, and excursions),
- Work with the parent community to provide low toxicity SPF 30 + broad-spectrum, water-resistant sunscreen for staff and student use. Develop a long sleeve uniform shirt option,
- Encourage the daily application of sunscreen before school and prior to the lunch break,
- Encourage children to use available areas of shade for outdoor activities,
- Request staff and parents to act as role models by practicing SunSmart behaviours and
- Staff actively model wearing broad-brimmed hats while on duty and on outside activities.

## Curriculum

- Incorporate programs on skin cancer prevention and sun safety into the curriculum at all grade levels,
- Regularly reinforce SunSmart behaviour in a positive way through newsletters, parent meetings, students and teacher activities and
- Ensure the SunSmart policy is reflected in the planning of all outdoor events (e.g. Camps, excursions, sporting events).

## Environment

- Provide sun protective clothing items as part of our school uniform,

- Schedule outdoor activities before 10.00am and after 3.00pm whenever possible,
- Organise outdoor activities to be held in areas with plenty of shade whenever possible,
- Schedule outdoor assemblies early in the day or in an area where all students can be in shade,
- Update and promote curriculum material relevant to SunSmart activities,
- Require staff and students wear broad-brimmed, bucket or legionnaire hats when outside,
- Direct children without a broad-brimmed, bucket or legionnaire hat to play in an area that is protected from the sun,
- Require staff and students to wear a rash vest or shirt for swimming (this may not be appropriate during competitive swimming),
- When reviewing the school dress code, include sun protective items such as shirts with longer sleeves.
- Encourage staff and students to use shaded or covered areas when outside.
- Ensure that adequate shade is provided at sporting carnivals and outdoor events.
- Encourage the use of SPF 30+ broad-spectrum, water-resistant sunscreen by:
- providing sunscreen in the classroom.
- allowing students time to apply sunscreen 20 minutes prior to outdoor activities.
- Review the SunSmart policy annually.

## Our Expectations

Parents/carers will:

- Provide a SunSmart hat for your child/children and ensure that they wear it to and from school. The Cancer Council WA recommends the following hats:
  - broad-brimmed (7.5 cm brim)
  - legionnaire-style
  - bucket-style (6 cm brim)
- Ensure that your child/children apply SPF 30+ broad-spectrum, water-resistant sunscreen 20 minutes before leaving for school.
- Ensure that your child/children's clothing provides adequate protection from UV radiation.

The Cancer Council WA recommends the following:

- collars and sleeves
- closely woven fabric
- natural fibre
- rash vest or shirts for swimming.
- Act as positive role models by practising SunSmart behaviour.
- Support the school's SunSmart policy and help design and regularly update the policy.

## Evaluation

Education Manager and staff will review the effectiveness of this policy each year. They will:

- Review the SunSmart behaviour of students, staff, parents and visitors and make recommendations for improvement.
- Assess shade provision and usage and make recommendations for increases in shade provision
- Update and promote curriculum material relevant to SunSmart activities.

### Conclusion

By implementing this policy, the school is ensuring that students are minimising the potential risk of damage by the harsh sun.

## Document and Version Management

<b>Policy: Sun Smart</b>				
<b>Reference: Levels of care, Student Safety</b>				
<b>Developer:</b> Karina Pepper				
<b>Approved by:</b> Steph Cremin			<b>Date Approved: 2013</b>	
<b>To be reviewed:</b>  Annually			<b>To be reviewed by:</b>  Community Manager/Education Manager	
Date of next review	Review complete	Reviewed by	Date Approved	Approved by
June 2017	✓	Lara Sampson	Oct 2017	Governing Body
February 2018	✓	Lara Sampson	18.02.2018	Governing Body